

# EXPLORE THE POLAR WORLD



**POSEIDON**  
EXPEDITIONS



**adventure**  
associates



**Dear Polar Travelers,**

With our new 2023-24 catalog, we're pleased to bring you some of the very best adventures possible in the high latitudes, earth's magnificent polar realm. During the austral summer, from October through late February, we explore Antarctica and South Georgia in the Southern Ocean. In March, our ship moves north, much like a migrating bird following the sun. From May through September, our focus is the Arctic regions stretching from West Greenland across the Denmark Strait, Greenland and Norwegian Seas to the legendary Svalbard Archipelago, well above the Arctic Circle.

The new seasons mark our 24th year of taking curious guests into remote, icy domains where stark geological features – glaciers, icebergs and towering fjords – serve as scenic backdrop to wildlife found nowhere else on earth.

Throughout your journey aboard the nimble, 114-passenger Sea Spirit, you'll be accompanied by experienced experts – polar historians, marine biologists, geologists and ornithologists – who serve as your guides during frequent excursions ashore. Our travelers want to be a part of the environment, to experience it first-hand and learn about the challenges facing these fragile ecosystems. Our goal is to help them accomplish this, all in the spirit of adventure.

We do hope to have the pleasure of welcoming you aboard!

*A. Vorea* Angelica Vorea  
CEO, Poseidon Expeditions

**Contents**

- About Us 4
- Polar Seasons 6
- Our Polar Team 8
- THE ARCTIC 12
- West Greenland & the Arctic Circle 14
- East & Northeast Greenland 18
- Svalbard 24
- THE ANTARCTIC 28
- Antarctic Peninsula 30
- South Georgia and Falkland Islands 34
- Adventure Options 38
- M/V Sea Spirit 40
- Passenger Reviews 48
- Expedition Parka 49
- Pre-departure Hotels 50
- Loyalty Program 51

# In the Spirit of Adventure: Polar Expedition Cruising

We started Poseidon Expeditions in 1999 with the simple belief that expedition cruising is the best way to see the polar regions. 23 years later, over 20 400 passengers agree: our unique style of travel offers you a genuine adventure served with a healthy balance of education and relaxation. Your polar cruise experience on our small ships will be deeply personal and immensely satisfying.



**7** consecutive years operating cruises aboard the Sea Spirit to the Arctic and Antarctica.

**14** direct crossings between Svalbard and Franz Josef Land aboard the Sea Spirit.

**OVER 20 000** satisfied passengers journeying to the Arctic and Antarctic



## Why travel with Poseidon Expeditions?

Poseidon Expeditions is one of the leading operators of polar expeditions in the cruise industry. Since 1999, we've offered voyages that combine the spirit of adventure with a generous measure of onboard comfort and well-being, along with educational enrichment.

Why travel with us:

**24 YEARS**



**23 years of polar experience**  
Our extensive experience in the field translates into a thorough understanding of the polar world and an aspiration for high standards in high latitudes.

**Active Exploration**  
We offer immersive outdoor exploration, with at least 2-3 activities per day. We also offer optional camping and kayaking.

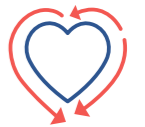
**Polar cruising is our specialty**  
Our extensive experience in the field translates into a thorough understanding of the polar world and an aspiration for high standards in high latitudes.



**Environmental responsibility**  
We are authorized to operate in the polar regions and are committed to best practices, conservation and preservation of the environment.



**Small ship – big advantage**  
We are advocates of the small ship concept that allows our guests to have maximum time ashore and enjoy the greatest variety of landing sites.



**Passion and flexibility**  
Being a privately owned company, we create relationships, build trust and readily share our passion for the polar environment.

### MEMBERSHIPS

Poseidon Expeditions is a member in good standing of both the Association of Arctic Expedition Cruise Operators (AECO) and the International Association of Antarctica Tour Operators (IAATO).

We're a proud contributor to the Clean Up Svalbard Program as well as several of our own environmental initiatives.



### DECEMBER 2021

Poseidon Expeditions is named World's Leading Polar Expedition Operator 2021



World's Leading Polar Expedition Operator



## Regions of the Arctic

### Svalbard >

*Early summer*

Svalbard's resident polar bears welcome the summer with a frenzy of hunting activity. Millions of migratory seabirds and marine mammals join the feast. Snowfields give way to flowering tundra while glaciers shimmer in 24-hour daylight. Starting in late May, receding sea ice allows navigation along the beautiful west coast of Spitsbergen.

### Northeast Greenland and Svalbard >

*High summer*

Mid-August is an ideal time to visit Northeast Greenland National Park – the largest in the world, a spectacular area of fjords and wildlife: reindeer, arctic fox, muskox, seals, whales and birdlife. Combining this with our exploration along the northwest coast of Svalbard – rich in glaciers, wildlife and polar history – provides a memorable, wide-ranging Arctic experience.

### East Greenland >

*Late summer*

In September, as Arctic nights become sufficiently dark, the magnificent fjords of East Greenland become the ideal place to watch mesmerizing northern lights displays. Days are still long enough to explore an outsized landscape of polychromatic mountains, blue glaciers, shining white icebergs and tundra valleys awash in autumn colors.



## Seasons of Antarctica

### Antarctic awakening >

*Early summer*

Snow and ice are plentiful in October and November as millions of ocean-going penguins and seabirds return to Antarctica at the start of their breeding season. Courtship rituals take place and eggs are laid. In South Georgia, gigantic elephant seal bulls battle ferociously for control of harems on the beaches. Newborn pups are soon to follow.

### Feeding frenzy >

*High summer*

December and January deliver the warmest weather, nearly continuous daylight and frenetic wildlife activity. This is the best time to observe fluffy penguin chicks in their nests. Great numbers of whales arrive in Antarctica to begin non-stop feeding on swarms of krill. The beaches of South Georgia are jam-packed with king penguins and fur seals.

### Coming of age >

*Late summer*

February and March are the prime months for viewing maturing penguin youngsters and energetic seal pups. An abundance of young animals and their many predators set the stage for dramatic events and amazing photo opportunities. This is also the best time for incredible encounters with whales of all kinds.



## Our Polar Professionals

Our expedition leaders are seasoned professionals with the skills and experience to take you on the journey of a lifetime through the world's most extreme and challenging polar environments.



### Anja Erdmann-Rutten > Expedition Leader

Anja is from Potsdam, Germany and has been leading polar expeditions since 2000. She feels at home in the icy realm of Antarctica and the wilderness of Greenland, where she began her career. Anja is renowned for her knowledge of natural and cultural history, her enthusiastic and engaging multilingual lectures, and her steadfast commitment to polar conservation. She speaks German, English, Danish and Norwegian.

### Christian Bruttel > Expedition Leader

Christian is originally from the Black Forest in the south of Germany. In 2012, after studying to be a teacher and traveling around the world in pursuit of active adventure, he settled in the High Arctic community of Longyearbyen, in Svalbard, where he trained to be a polar guide. Since then, Christian has worked throughout the Arctic and Antarctica as an adventure guide, polar historian and expedition leader.

### Ab Steenvoorden > Expedition Leader

Ab's career as a seafarer and leader of ornithological expeditions has led him all over the globe and polar regions in search of unique birdlife. He's an energetic leader with an encyclopedic knowledge and almost supernatural ability to find wildlife in the vast polar wilderness.

### Ryan Hope-Inglis > Expedition Leader

Ryan comes from Poole in southwest England and lives in Longyearbyen, Svalbard. He has extensive experience in both the Arctic and Antarctica, with a special affinity for Franz Josef Land. Drawing from his backgrounds in seafaring, expedition logistics, adventure sports and aerospace engineering, Ryan meets every polar challenge with unrivaled confidence and skill. He has been an integral part of our team since 2015.



**Ida Olsen** > Expedition Leader,  
Kayak Master

Ida is a wilderness guide from Sweden living in Svalbard. She has worked throughout the Arctic and Antarctica as a certified specialist in polar sea kayaking. In 2018, she skied to 90° North as a member of the all-female Euro-Arabian North Pole expedition.

**Eduardo Larranaga** > Marine biologist,  
Kayak Master

Eduardo is a marine biologist from Lima, Peru. He specializes in marine mammal conservation and ecology in the polar regions. He has been working on expedition ships since 2015 as a lecturer, sea kayak guide, Zodiac driver and photographer.

**Sanna Kallio** > Geologist

Sanna is an expedition guide from Finland with master's degrees in geology and glaciology. Her research has taken her around the world. As an adventurer, she has traversed the Greenland Ice Sheet and skied from the coast of Antarctica to the South Pole.

**Aaron Strahlke** > Assistant EL, Geologist

Aaron is an experienced polar guide and geologist from Berlin, Germany. He earned his master's degree from the Heriot-Watt University in Edinburgh, Scotland. His expertise is in soft rock geology, tectonics and geophysics. He is also a German-English translator.



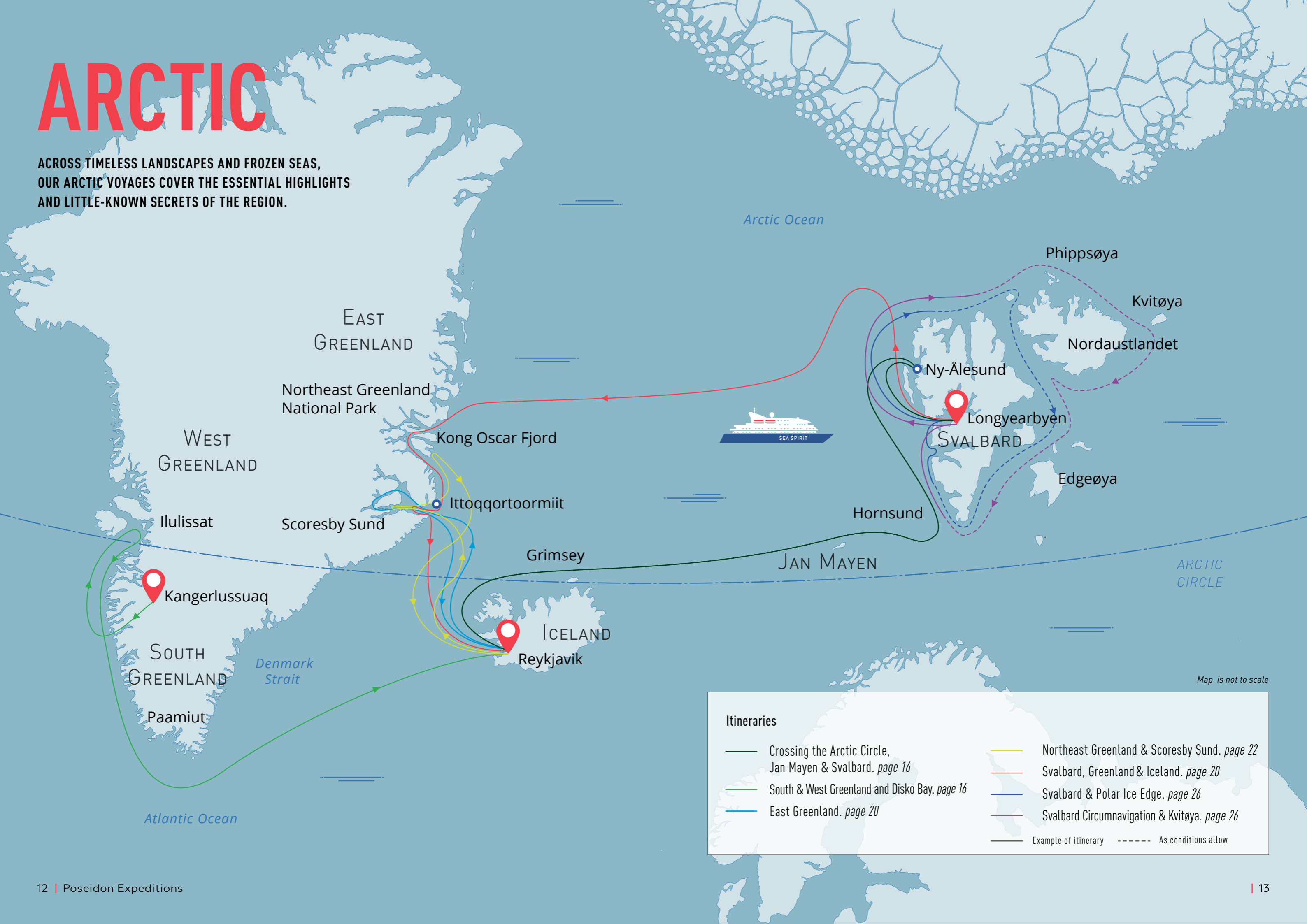
## OUR POLAR EXPERTS

On shore and on the water, you will be accompanied by some of the most experienced guides in the polar regions. Our expedition staff undergo rigorous training to ensure our safety record remains among the best in the industry. From our photographers to our certified kayak guides, our team of experts is always on hand to make your expedition safe, exciting, entertaining and educational.



# ARCTIC

ACROSS TIMELESS LANDSCAPES AND FROZEN SEAS, OUR ARCTIC VOYAGES COVER THE ESSENTIAL HIGHLIGHTS AND LITTLE-KNOWN SECRETS OF THE REGION.



*Map is not to scale*

Itineraries	
	Crossing the Arctic Circle, Jan Mayen & Svalbard. <i>page 16</i>
	South & West Greenland and Disko Bay. <i>page 16</i>
	East Greenland. <i>page 20</i>
	Northeast Greenland & Scoresby Sund. <i>page 22</i>
	Svalbard, Greenland & Iceland. <i>page 20</i>
	Svalbard & Polar Ice Edge. <i>page 26</i>
	Svalbard Circumnavigation & Kvitøya. <i>page 26</i>
	Example of itinerary
	As conditions allow

Islands with countless voices greeting nature lovers who travel far to adore their beautiful and bountiful shores.

## WEST GREENLAND & THE ARCTIC CIRCLE





From  
\$7 595

When to go  
25 May - 07 Jun 2023

Duration  
14 Days

Included activities

Optional activities

### South & West Greenland and Disko Bay >

Welcome to the Land of Vikings

#### Reasons to take a South & West Greenland cruise with us:

- Experience firsthand the largest collection of Greenlandic icebergs in Ilulissat, where massive glaciers calve 20 million tons of ice per day.
- Learn about Inuit culture and dog sledding in remote fishing villages, beautifully set against majestic basalt mountains.
- Pause during the journey for close encounters with humpback, fin and minke whales during their summer migration.
- Be as active as you wish: hiking, kayaking or just relaxing amidst this pristine Arctic paradise.

From  
\$5 595

When to go  
16 Jun - 27 Jun 2023

Duration  
12 Days

Included activities

### Crossing the Arctic Circle, Jan Mayen & Svalbard >

Arctic Sights & Northern Lights

#### Reasons to cross the Arctic Circle with us:

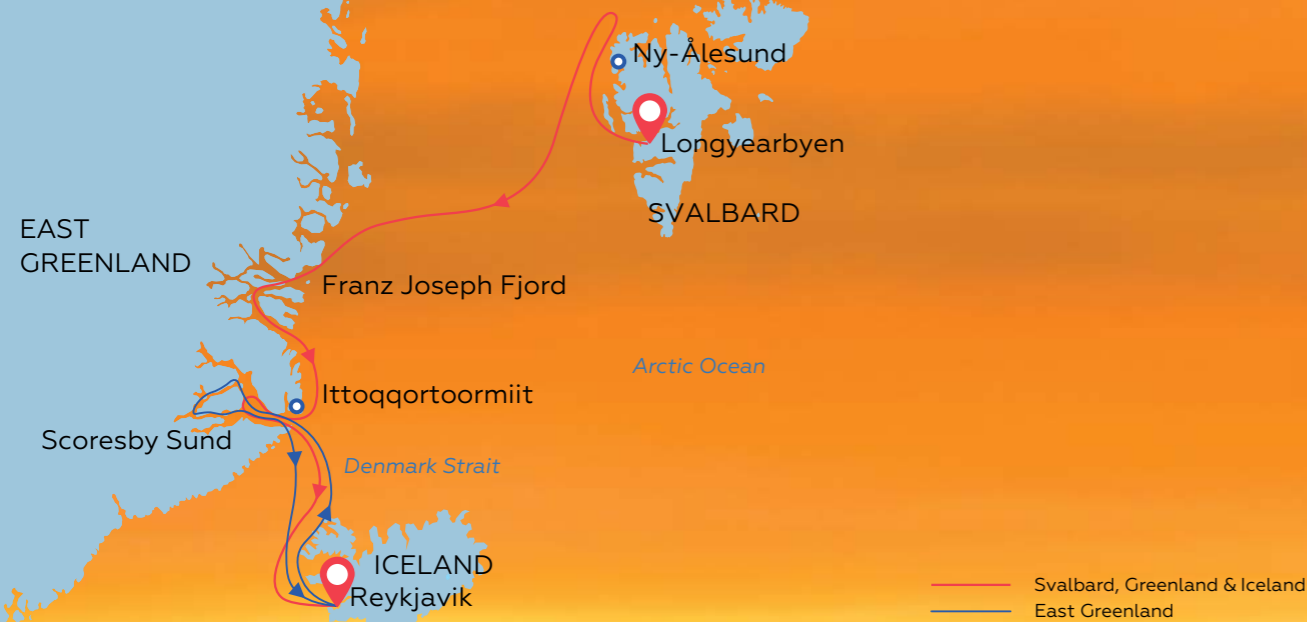
- Nature lovers will discover abundant birdlife in a range of pristine habitats, from Scotland's verdant Fair Isle to the spectacular seabird cliffs of Svalbard.
- Viking culture is revealed at world-class historical sites in Orkney and the mysterious Faroe Islands.
- This is your best chance to see the extremely remote and rarely visited volcanic island of Jan Mayen.
- You will enjoy spectacular polar scenery and wildlife encounters while searching for polar bears in Spitsbergen's wild western fjords.

*Icebergs – architectural wonders of the natural world – can be spotted almost anywhere above the Arctic Circle. Glacial calving generates thousands annually in Svalbard and West Greenland, in particular.*



A place of such  
astonishing beauty  
and grace that visitors  
have simply to admire  
everything around them.

# EAST & NORTHEAST GREENLAND



Late Summer, with its captivating sunlight, is a magnificent time to explore the Arctic, combining the best of Svalbard and East Greenland. Or, a cruise from Reykjavik, Iceland to Scoresby Sund, a wonderland of fjords, wildlife and the chance to observe the Aurora Borealis in September's darkening skies.

From  
\$10 095  
When to go  
09 Aug - 23 Aug 2023

Duration  
15 Days  
Included activities  
  
Optional activities  


**Svalbard, Greenland & Iceland >**  
Arctic Odyssey

**Reasons to take an Arctic Odyssey with us:**

- You will get the full Arctic experience on this adventurous expedition, complete with polar landscapes, historical sites and indigenous culture.
- Wildlife lovers will appreciate seeing the Arctic's most iconic animals, including Arctic hare and herds of muskoxen.
- In addition to the scenic wonders of Scoresby Sund, you will discover the vast and untamed wilderness of Northeast Greenland National Park and Iceland's charming Snæfellsnes peninsula.

From  
\$7 595  
When to go  
04 Sep - 15 Sep 2023

Duration  
12 Days  
Included activities  
  
Optional activities  


**East Greenland >**  
Arctic Sights & Northern Lights


**Reasons to enjoy East Greenland with us:**


- An in-depth exploration of remote Scoresby Sund, perhaps the world's most pristine and scenic fjord system, in the wild heart of Greenland.
- Towering, snow-covered mountains, massive tidewater glaciers, cathedral-like icebergs and resplendent tundra – a photographer's paradise.
- Ancient Thule settlement sites, historic huts and the modern Inuit village of Ittoqqortoormiit.

From  
\$10 695

When to go  
22 Aug - 05 Sep 2023

Duration  
15 Days

Included activities  


Optional activities  


### Northeast Greenland & Scoresby Sund >

Fjords and Northern Lights

#### Reasons to take an Arctic Odyssey with us:

- Travel deep into the otherwise inaccessible fjords of Scoresby Sund, some of which extend hundreds of miles from the coast, creating one of the largest fjord systems in the world.
- Hike with our expedition guides along the untrodden shores of fjords, with one spectacular view from a hill or ridge followed by an even more remarkable one.
- Look for wildlife – musk oxen, seals, walrus, whales and migrating birds – as one of the rare travelers to explore Northeast Greenland National Park, the world’s largest and perhaps most remote.



*A small, nimble expedition ship like the Sea Spirit provides the perfect means to explore the remote, majestic fjords of Northeast Greenland National Park*



The full range of arctic wildlife greets you in a polar wilderness of outstanding beauty and abundance.


# SVALBARD


archipelago

From  
\$8 895

When to go  
06 Jul - 17 Jul 2023

Duration  
12 Days

Included activities  


Optional activities  


### Svalbard & Polar Ice Edge >

Best of Svalbard


#### Reasons to circumnavigate Svalbard with us:


- In addition to the highlights of West Spitsbergen, this extraordinary adventure will show you an even wilder side of Svalbard on an attempted circumnavigation.
- You will travel deep into the realm of polar bears, walruses, seals, whales, reindeer and Arctic foxes.
- Ice conditions are favorable for exploring Svalbard's least-visited and most rewarding spots, featuring bird cliffs and ice caps.
- Hikers will enjoy remote beaches, tundra meadows, polar deserts and glaciated mountain landscapes.

From  
\$ 11 395

When to go  
16 Jul - 29 Jul 2023

Duration  
14 Days

Included activities  


Optional activities  


### Svalbard Circumnavigation and Kvitøya >

In-Depth. Arctic Expedition and Polar Bear Safaric

#### Reasons to circumnavigate Svalbard with us:

- Explore deep fjords serrated by mountain ranges and immense tidewater glaciers calving icebergs into turquoise waters.
- Step ashore on rarely visited and ice-covered Kvitøya – White Island – in the northeastern most quadrant of the Svalbard Archipelago, where wildlife abounds in the summer months.
- Navigate safely through sea ice along the shores of Edgeøya and Barentsøya, where our guides will be on the lookout for endemic reindeer, Arctic fox, whales and possibly polar bears.




*The polar bear – Ursus maritimus – is the undisputed King of the Arctic. Seeing one in its natural environment, or perhaps a mother and young cub or two, is a thrill that will last a lifetime. Our Arctic voyages take us along the ice edge, where polar bears are most active.*

# ANTARCTIC

FROM PRISMATIC WORLDS OF ICE TO UNRIVALED WILDLIFE SPECTACLES, OUR ANTARCTIC VOYAGES COVER ALL THE BEST ASPECTS OF THE LAST DISCOVERED CONTINENT.



A vast, multi-layered ice shelf dominates the background, showing distinct horizontal strata of ice. The ice is a pale, milky blue color. In the foreground, a small zodiac boat with several people in red gear is navigating through a field of smaller ice floes. The overall scene is a dramatic, high-altitude Antarctic landscape.

Wild adventures and abundant marine mammals await you in the realm of penguins and icebergs.

# ANTARCTIC PENINSULA

From  
\$ 12 295

When to go  
25 Jan - 08 Feb 2024

Duration  
15 Days

Included activities

Optional activities

### Antarctic Circle >

Crossing 66° South Latitude

#### Reasons to cross the Antarctic Circle with us:

- You will spend more quality time on the Antarctic Peninsula while exploring the remote realm of mountains and ice south of the Antarctic Circle.
- Wildlife drama occurs before your eyes as fluffy penguin chicks enter a world of predatory leopard seals, killer whales and south polar skuas.
- Humpback whales are especially abundant at the height of the summer feeding frenzy.

From  
\$ 8 895

When to go  
12 Nov - 22 Nov 2023  
21 Nov - 01 Dec 2023  
10 Dec - 20 Dec 2023  
19 Dec - 29 Dec 2023  
17 Feb - 28 Feb 2024

Duration  
11-12 Days

Included activities

Optional activities

### Antarctic Peninsula >

Realm of Penguins & Icebergs

#### Reasons to experience Antarctica with us:

- You will be mesmerized by rugged mountains, cascading glaciers, crystalline icebergs and clear waters abounding with whales and seals.
- Birders will enjoy the endlessly entertaining antics of countless penguins and endemic Antarctic birdlife.
- Your inner adventurer will be awakened during epic days of kayaking and a night of camping under the southern stars in a world of ice and snow.
- The secrets of Antarctica's past, present and future are revealed at historical sites and research bases.



Weddell, crabeater and leopard seals are often found napping on an ice floe in or around the Antarctic Peninsula. Their clumsy looks above water are deceiving, as they are beautiful, efficient swimmers and skillful hunters beneath the waves.

Islands with countless voices greeting nature lovers who travel far to adore their beautiful and bountiful shores.

## SOUTH GEORGIA & FALKLAND ISLANDS

From  
\$ 13 395

When to go  
28 Oct - 13 Nov 2023  
06 Jan - 26 Jan 2024  
27 Feb - 20 Mar 2024

Duration  
17-23 Days

Included activities



Optional activities

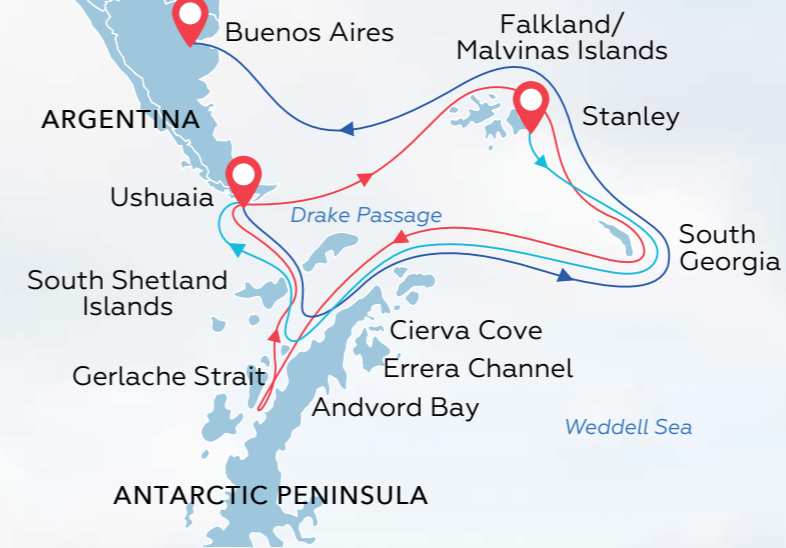


## Falklands, South Georgia & Antarctica >

Legendary History & Wild Nature

### Reasons to see the Southern Ocean with us:

- You will experience the legendary wilderness of South Georgia, home to the greatest concentrations of seabirds and marine mammals on the planet.
- Penguin lovers will rejoice in the astounding abundance of penguins at huge breeding colonies throughout this three-week wildlife extravaganza.
- A rare and intimate view of albatross family life can be found on the beautiful Falkland Islands.
- You will encounter fearless marine wildlife and scenery beyond belief on the Antarctic Peninsula.



The grass-tufted hillocks bordering the shores of South Georgia's islands provide shelter for seals, albatros and other species indigenous to the Southern Ocean. Shore landings, guided by Poseidon Expedition's naturalists who are eager to share their knowledge, provide you with plenty of of opportunities for a close, first-hand look.

# Sea Kayak Club

As a member of our Sea Kayak Club, you can experience the thrill and tranquility of kayaking in the polar regions as part of a small, expertly guided paddling group. Join us as we explore coastlines and remote islands where very few kayakers have paddled before.

Enjoy magnificent scenery, glittering brash ice, and unique marine wildlife from our comfortable,

stable and stealthy sea kayaks. Escape the ordinary and immerse yourself in the serenity of true polar wilderness.

This is an optional activity with limited availability. If you enjoy sea kayaking, then don't miss your chance to paddle one of the sport's most rewarding destinations. Sign up for kayaking and discover the polar paradise of your dreams!



## ▲ Antarctica Camping

In our Antarctica camping program, you can slow down and settle in with the awesome sights and mysterious sounds of the White Continent with the benefit of our warm and comfortable camping gear.

Witness the drama of endlessly changing light upon the landscape as icebergs crack and glaciers groan under the weight of the gathering night. Capture that perfect photo of a moonlit snowscape

and fall asleep gently while appreciating your connection to Heroic Age explorers and modern-day polar adventurers.

This is an optional activity with limited availability. Don't miss your chance to spend a memorable night out on the snow and ice. Sign up for camping and gain undeniable bragging rights and an unforgettable experience!

## Aboard *M/V Sea Spirit*

*An ideal vessel for the polar regions, the nimble Sea Spirit features an ice-strengthened hull, a fleet of Zodiac landing craft, ample deck space for wildlife viewing, and state-of-the-art Rolls-Royce stabilizers for smoother sailing.*





## ACTIVITIES

Guests are afforded many opportunities to venture from the ship. Shore excursions and Zodiac cruises provide chances for exploration and wildlife viewing. You may also partake in optional adventures like camping and sea kayaking, as well as our famous Polar Plunge!





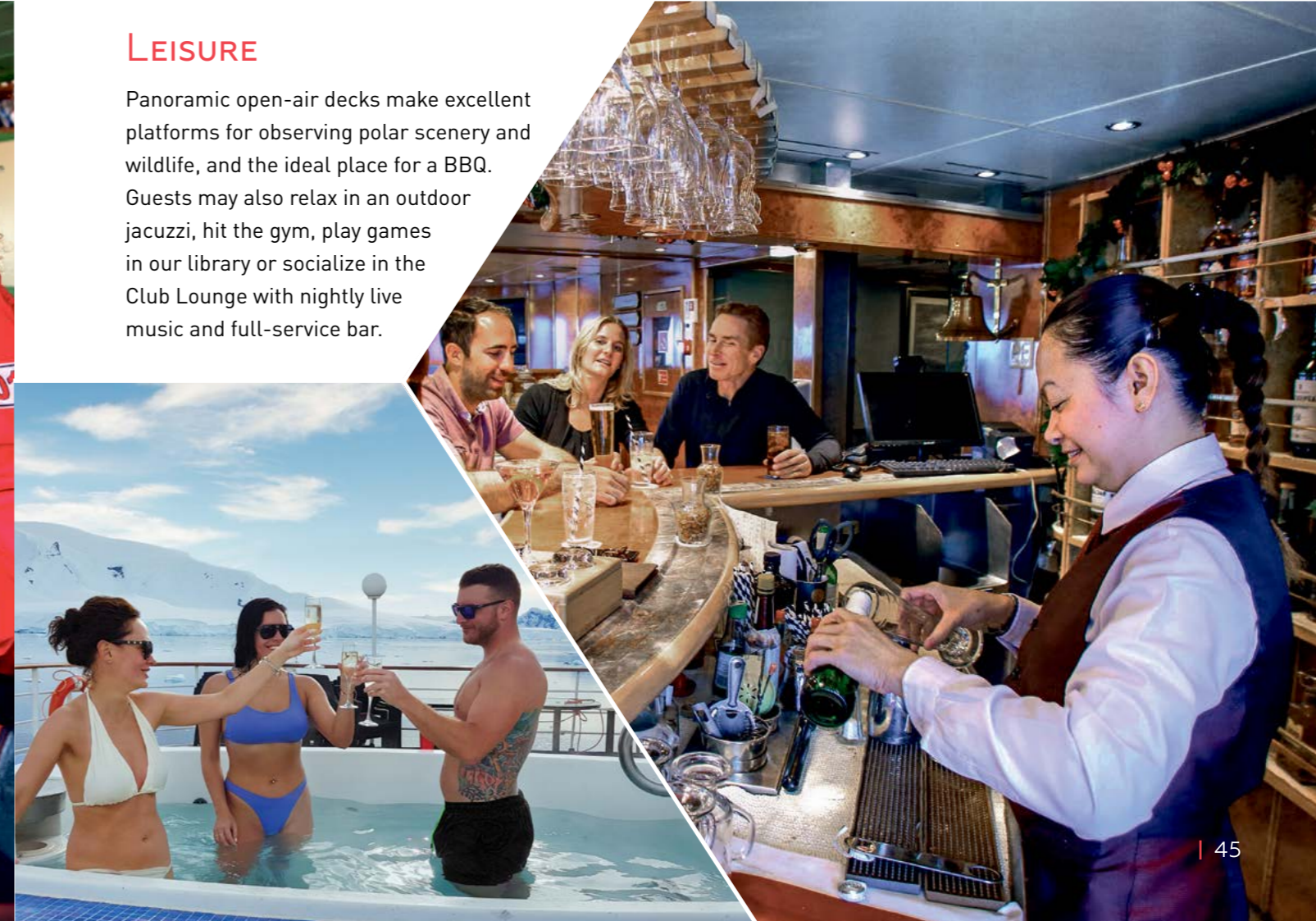
### EDUTAINMENT

The polar world is interpreted by our team of multilingual lecturers during presentations on board and informal discussions while ashore and in the Zodiacs. Our expert photographer will show you how to capture the perfect wildlife or landscape shot. We also invite you to the bridge to meet the captain and officers.



### LEISURE

Panoramic open-air decks make excellent platforms for observing polar scenery and wildlife, and the ideal place for a BBQ. Guests may also relax in an outdoor jacuzzi, hit the gym, play games in our library or socialize in the Club Lounge with nightly live music and full-service bar.





● Premium Suite



● Main Deck Suite

● Deluxe Suite

# Choose Your Cabin

## M/V Sea Spirit

### ● OWNER'S | 43 m<sup>2</sup> (463 ft<sup>2</sup>)

Spacious lounge area with bar, kitchenette, dining table and a comfortable sofa bed, king size bed, private forward deck above the bridge, en suite bathroom with jetted bathtub, large walk-in closet, BOSE stereo system & HD plasma TV, in-room safe.

### ● PREMIUM | 30 m<sup>2</sup> (323 ft<sup>2</sup>)

Bedroom area with boudoir twin or queen size bed, two spacious wardrobes, lounge area with comfortable sofa bed, TV/DVD, en suite bathroom with shower, bathrobes, slippers, toiletries and hair dryer, private balcony, mini bar & in-room safe.

### ● DELUXE | 24 m<sup>2</sup> (258 ft<sup>2</sup>)

Bedroom area twin or queen size bed, spacious wardrobe or walk-in closet, TV/DVD, lounge area with comfortable sofa bed, en suite bathroom with shower, private balcony, bathrobes, slippers, toiletries and hair dryer, mini bar & in-room safe.

### ● SUPERIOR | 20 m<sup>2</sup> (215 ft<sup>2</sup>)

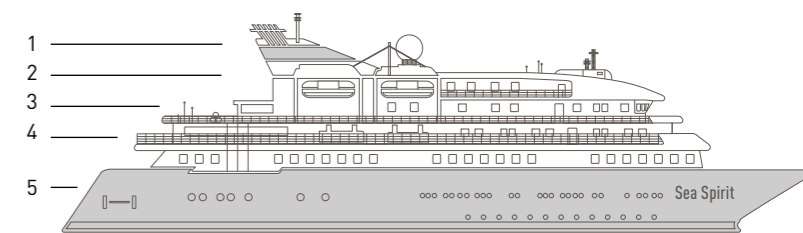
Bedroom area twin or queen size bed, spacious wardrobe or walk-in closet, TV/DVD, lounge area with comfortable sofa bed, en suite bathroom with shower, private balcony, bathrobes, slippers, toiletries and hair dryer, mini bar & in-room safe.

### ● TRIPLE | 21 m<sup>2</sup> (226 ft<sup>2</sup>)

Bedroom area twin or queen size bed, spacious wardrobe or walk-in closet, TV/DVD, lounge area with comfortable sofa bed, en suite bathroom with shower, private balcony, bathrobes, slippers, toiletries and hair dryer, mini bar & in-room safe.

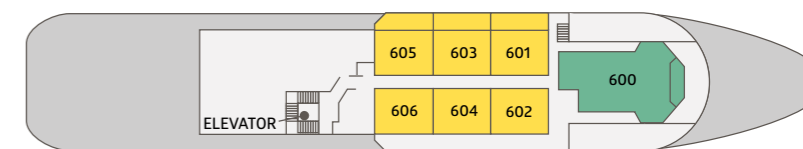
### ● MAIN DECK | 23 m<sup>2</sup> (248 ft<sup>2</sup>)

Bedroom area twin or queen size bed, spacious wardrobe or walk-in closet, TV/DVD, lounge area with comfortable sofa bed, en suite bathroom, bathrobes, slippers, toiletries and hair dryer, mini bar & in-room safe.

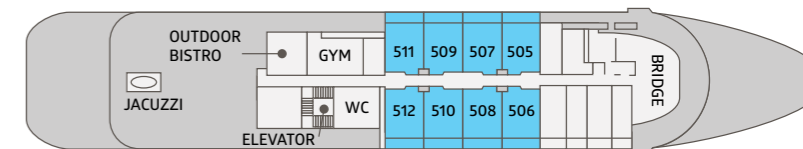


Length:	90.6 meters (297 ft.)
Beam:	15.3 meters (50 ft.)
Speed:	15 knots
Passengers:	114
Crew:	72

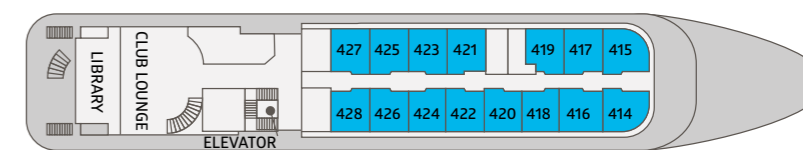
#### 1 - SUN DECK



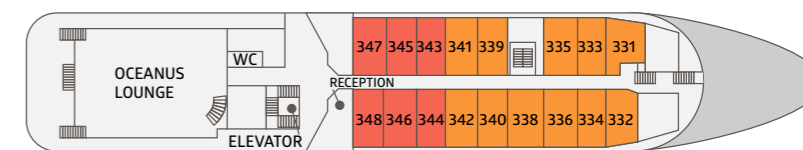
#### 2 - SPORTS DECK



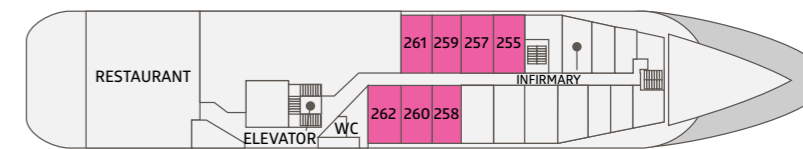
#### 3 - CLUB DECK



#### 4 - OCEAN DECK



#### 5 - MAIN DECK





# Passenger Reviews

Trustpilot is an independent review platform where you can read genuine feedback from our discerning passengers. We are proud to have received an average score of 4.9 out of 5.



**Raymond & Nivin, UK**

My husband and I have been on 2 cruises with Poseidon - Antarctica in 2018 and the Arctic in 2019. Both expeditions were amazing, exciting, enjoyable and informative. We loved the variety of trips we made off the ship in the zodiacs. We saw many different types of wildlife, visited research stations, saw plants unique to the regions, beautiful icebergs and went through the ice with the zodiacs. Every day, there were talks on a variety of topics, which was another aspect to the trips that was both enjoyable and educational.

**Erich, United States**

I had been aware of the opportunity to travel to the North Pole on a Russian nuclear icebreaker for about four years. Finally, I went with my son, who is in his mid-twenties, and we loved it. We saw at least a dozen polar bears, and in two cases, they approached right to the ship, one time with a cub. We also saw walrus from the Zodiac. The basaltic

columns covered with birds at Rubini Rock were amazing. At the pole, we especially enjoyed swimming (the "polar plunge") and a short hike. A baby seal climbed out of our swimming hole! My son had fun doing some Citizen Science with Lauren and Alex. Seeing the ship from the ice was very impressive.

**Jean-Claude, Belgium**

For the second time, we booked a trip with Poseidon Expeditions. Our first experience on board of the *M/V Sea Spirit*: an extraordinary cruise to Franz Josef Land. A true exploration in a pristine wilderness. Super accommodation in spacious suites; excellent international cuisine. In short, we are ready have new experiences with Poseidon Expeditions.



**Richard, Malaysia**

My 3rd expedition with Poseidon on the *Sea Spirit* to Svalbard proved to be as exciting as the first two. Polar bears on the hunt were the main feature. The people with giant lenses that extended almost to the polar bears themselves

shared super close-up films and photos of the chase when it was either too far away for my zoom lens, or our Zodiac was not in position to catch the footage. The final score was Seals & Reindeer 2, Polar bears 0. I was cheering for the seals and reindeer.



**Michelle, United States**

This was the first expedition for the *Sea Spirit* around the UK. The team of experts and expedition leader were top notch. The *Sea Spirit* is a fantastic ship - I cannot say enough about it - the suites are elegant, spacious, and so comfortable compared to others I have been on. The trip was run very professionally and always with safety in mind. The food was superb. We really enjoyed the countries and islands that we visited. All-in-all - excellent!



# Stay Warm! Our Expedition Parka



Patches, depending on the region

Belgian NorthSea outer layer is water-resistant, windproof and breathable

Life jacket

Inner layer is luxuriously soft, warm and breathable

Fleece cuffs are designed specifically to keep your hands warm without gloves



## Muck Boots Arctic Sport

We provide Wellington-style rubber boots for the duration of the voyage. You will be able to try on the boots and find a suitable size on board at the beginning of your voyage with us. We have the following size ranges on board: US: 4-13, EURO: 35-47, UK: 3-12





Hotel Arakur

## Pre-departure Hotels

Reservations at a quality hotel on the night before embarkation are included on all our polar cruise itineraries. Breakfast at the hotel is also included. You will have a chance to explore the city before taking your free group transfer to the ship, where we will welcome you aboard.

### Arakur Resort & Spa ★★★★★

Ushuaia, Argentina

On Antarctic cruises starting in Ushuaia, you will stay at the luxurious Arakur Resort & Spa, located in Cerro Alarkén Natural Reserve. Spacious rooms offer the latest technology, exquisite furnishing and panoramic views. The resort features several pools, a fitness center and La Cravia restaurant.

### Grand Hotel ★★★★★

Reykjavík, Iceland

Guests on our East Greenland cruises will stay at the stylish Grand Hotel Reykjavík, featuring superior rooms and first-class facilities for discerning travelers. Leisure options include an exclusive spa and fitness center. The elegant Grand Brasserie offers Icelandic seafood and international dishes.

### Radisson Blu Polar Hotel ★★★★★

Longyearbyen, Spitsbergen

On High Arctic cruises starting in Longyearbyen, you will stay at the Radisson Blu Polar Hotel, featuring warm and cozy rooms with all the modern amenities. Deluxe facilities include a sauna and outdoor hot tubs. Arctic specialties and international cuisine are served at the Nansen Restaurant.

### Azimut Hotel ★★★★★

Murmansk, Russia

Adventurers going to the North Pole with us will stay at the trendy AZIMUT Hotel, located in the heart of Murmansk in the tallest building north of the Arctic Circle. The modern hotel offers smartly designed rooms, a fitness center, various dining options and excellent views from the top-floor Sky Bar.

## High Latitudes Loyalty Program

To express our appreciation to our loyal travelers, we created the Polar Circle Card. Returning guests can take advantage of discounts, upgrades, onboard benefit packages and more. The savings and benefits increase with the number of trips taken with us. Cards are transferable, allowing you to help your friends and family on their way to achieving their polar dreams.



### 66° High Latitude

for your 2<sup>nd</sup> trip with Poseidon Expeditions

- \$350 USD discount
- Complimentary beverage package — wine or beer — for lunch and dinner

### 80° High Latitude

for your 3<sup>rd</sup> trip with Poseidon Expeditions

- \$450 USD discount
- Complimentary beverage package — wine or beer — for lunch and dinner
- Complimentary one-suite upgrade (subject to availability)



### 90° High Latitude

for your 4<sup>th</sup> trip with Poseidon Expeditions

- \$650 USD discount
- Complimentary beverage package — wine or beer — for lunch and dinner
- Complimentary one-suite upgrade (subject to availability)
- Complimentary laundry service while aboard
- Complimentary pre-cruise private car transfer from the airport to the hotel



\* More details about the Loyalty Program are available at [poseidonexpeditions.com](https://poseidonexpeditions.com).

For reservations contact  
your travel professional:  
[sue@adventureassociates.com](mailto:sue@adventureassociates.com)

[ADVENTUREASSOCIATES.COM](http://ADVENTUREASSOCIATES.COM)

**2023/2024** Sofia Astashova, John Bozinov, Tavish Campbell, Page Chichester, Alex  
**PHOTO** Cowan, Dietmar Denger, Sergey Dolya, Lauren Farmer, Jamie Garrod,  
**CREDIT** Sergey Gorshkov, Brandon Harvey, Clive Johnson, Filip Kulisev, Holger  
Leue, Ida Olsson, Nikolay Saveliev, Anthony Smith, Georgina Strange.