



adventure  
associates

# Amazon Riverboat Adventure

A BOUTIQUE VOYAGE INTO THE FLOODED FOREST ON M/S DORINHA

## EXPEDITION MANUAL



# Welcome aboard

## Let's explore the emotions of the mighty Amazon River together....

At some stage during our schooling, most of us learnt about The Amazon River! We were told that it is in Brazil and it is the largest river in the world (the Nile being the longest) and that fresh water is found in the Atlantic Ocean 160 km from its delta! Countless tributaries join the Amazon as she flows through one of the planet's last great wilderness areas. Imagine a forest kingdom nearly the size of Australia, interlaced with creeks, streams, lagoons and rivers that flow into one main artery, carrying fresh water from the Peruvian Andes to the Atlantic Ocean. The Amazon is home to some of the world's most exotic plants, birds, fish and animals and sits very close to the equator.

There's no better way to explore the essence of the Amazon River than being on board our cosy expedition riverboat, *M/S Dorinha*. Our captain and his naturalist team, help us discover hidden treasures within the rainforest's 'green walls'. Our flexible schedule allows us to make the most effective use



*Panpipes, the music of the Amazon*

of the river conditions and cooler times of day. After dark, spotlighting from the canoes reveals caimans, potoos (a bird related to the nightjar) and other nocturnal creatures.

New delights and challenges greet us at every turn as we thread our way through extensive rainforest.

Come, float with us under the canopy of some of the world's tallest trees or take a hike deep into the mysterious rainforest or, just enjoy lying in your hammock watching amazing scenery drift by!

## PROPOSED ITINERARY

Prepare to be overwhelmed as we follow the Amazon River through one of the planet's last great tropical jungles. Pink dolphins rise to greet a golden dawn, a rainbow flash of macaws screech overhead and sleepy children in dugout canoes emerge from the emerald forest; their curiosity masked by dark eyes and shy smiles. The unearthly roar of howler monkeys shatter a lively dawn chorus and our day truly begins.

Our voyage offers an expedition experience like no other as we follow this water highway and lifeline, visiting the river people in villages and bustling port towns along the way.

**Our 14-day Amazon Riverboat Adventure on board *M/S Dorinha* commences in Manaus 22 March 2025 to 4 April 2025**

## WHAT'S INCLUDED

- Local transfers from/to Airport Manaus
- 1 night in a 4 star Hotel in Manaus incl. breakfast
- 1/2 day Manaus city tour including a visit of the "Teatro Amazonico" Opera House
- Program as described in the itinerary
- All meals during the voyage (Breakfast, Lunch, Dinner)

*The colourful Keel-billed Toucans*

- Unlimited water, tea & coffee during the voyage
- Harbour docking fees, fuel and crewing
- All canoe excursions during the voyage
- All entrance fees
- Gratuities for ships crew
- On board naturalist during the voyage

## WHAT'S NOT INCLUDED

- International airfares and taxes
- Other meals or sightseeing not specified in the itinerary
- Personal travel insurance
- Medical expenses, vaccinations, visa costs etc.
- Personal tips/gratuities
- Personal expenses



*The adventure begins*



**PROPOSED ITINERARY – AMAZON RIVERBOAT ADVENTURE ON BOARD M/S DORINHA**

**B** = Breakfast, **L** = Lunch, **D** = Dinner

**Day 1 Join Manaus, Brazil**

Welcome to Manaus! On arrival you will be met by a representative of Adventure Associates and transferred to your hotel. The rest of the day will be at your leisure.

Manaus is located in the heart of the Amazon rainforest along the banks of the Rio Negro – it is the capital of the vast state of Amazonas and is a major departure point for the surrounding area. Access to the city is primarily by aeroplane or boat. This isolation has helped preserve the surrounding natural environment and the culture of Manaus. **D**

**Day 2 Embark Manaus**

Around mid-morning today we will be welcomed aboard our cosy floating home *M/S Dorinha* by Captain Mo and his crew. After settling into our cabins we will enjoy commanding views of our departure from Manaus as we head downstream about

10 kilometres to see the striking visual phenomenon called “Wedding of the Waters”. Once underway we will have our intro briefing before starting our informative lecture programme, that will help us unravel the mysteries of the Amazon.

*The “Wedding of the Waters” is where the tea-coloured waters of the Rio Negro share the same channel with the brownish waters of the Rio Solimões. This meeting is due to the different speed, temperature and density of the two tributaries as they run side by side without mixing for more than 6 kilometres, forming the main Amazon River.*

Eventually we will make our way upstream on the Solimões and will be cruising all afternoon and during the night to arrive in the area of the Rio Badajos. **B,L,D**

**Day 3 Rio Badajos**

The Rio Badajos area has one of the largest rubber plantations. We will learn how the rubber trees are tapped



*Pink river dolphins also known as Boto*



*Life on the banks of the Amazon*



*Squirrel monkeys*

*Wedding of the Waters*

and smoked to extract the latex. The splendour of Manaus’s past was built on the backs of slaves and indigenous Indians who worked under dreadful conditions. We hope to visit local villages today and meet the people who eke out their existence on the banks of the river. **B,L,D**

**Day 4 Ega Village**

Tefé town was once known as the old village of Ega, where the famous English naturalist, Henry W. Bates lived for many years in the mid 1800’s. Bates was most famous for his expeditions to the rainforests of the Amazon with Alfred Russel Wallace, starting in 1848. Wallace returned to England in 1852, but lost his entire collection of specimens on the return voyage when his ship caught fire and sank. When Bates arrived home in 1859 after a full eleven years, he had sent back over 14,712 specimens on three separate ships. Most of them were insects, of which 8,000 were believed new to science. Bates recorded his findings in his best-

known work, *The Naturalist on the River Amazons*.

Today we are anchored near some islands which is one of the best locations on the Solimões for spotting sloths and monkeys. **B,L,D**

**Days 5-6 Coari**

During the next two days we will visit the area around Coari, which happens to be the birthplace of our Captain Mo! Coari is one of the most interesting and largest towns in the region. We will head to the lake behind town and enjoy some time on Jurupari beach.

After our refreshing visit to the beach we will sail downstream to the village of Anori. We hope to see beautiful water lilies and other aquatic plants and will take time to visit the floating town of Anamã.

On our way down the Solimões there will be time for talks with our Captain & naturalist, who will introduce us to life on the Amazon River and share some of their endless, fascinating stories. **B,L,D**



*Extracting latex from a rubber tree*



*Floating town of Anamã*



*Three-toed Sloth*

*The giant water lilies – Victoria amazonica*



**Day 7 Manaus**

Back in the bustling harbour of Manaus, we will be treated to a guided city tour, visiting its most important landmarks. The opulent pink Opera House – more than 120 years old and representing the city's heyday during the rubber boom. It was chosen by Vogue magazine as one of the most beautiful opera houses in the world!

Fossick through the delights of the famous fresh food market, then admire The Cathedral of Our Lady of Conception in Manaus, which was officially opened in 1878 and elevated to cathedral status in 1946.

After our tour we will set sail upstream towards the mouth of the Rio Cuieras, leaving the busy metropolis of Manaus behind. **B,L,D**

**Day 8 Rio Cuieras**

We plan to take an early morning birding tour along the small river of Pagodao where we will gain a true sense of being deep in an Amazonian

jungle. Here we hope to catch glimpses of exotic birds in the canopy. It will be luxurious to have a cool, refreshing swim in the safe waters of the Rio Negro. While we are in the black waters of the Rio Negro we will keep our eyes peeled for a view of the pink Amazon river dolphin. It is the largest of the river dolphins with males reaching a maximum length of around 2.55 metres (8.4ft). The grey estuarine dolphin is about half the length with a smaller head and shorter beak.

Later in the day we will motor further up the Rio Cuieras to observe another kind of forest – the campinha! This forest has scrubby trees, terrestrial orchids, bromelias and lichens growing on white sand.

In the evening we will enjoy a specially arranged BBQ on one of the sandy beaches, by a large fire. Tonight, you have the option of sleeping in a typical traditional hammock in a covered shelter on shore. **B,L,D**



Manaus Opera House



The Amazon has about 30 species of parrots



Children dressed in traditional costume

*What incredible sights we will see from our canoes*



**Days 9-10 Rio Cuieras**

Today we continue to travel further up the Rio Cuieras, passing a small side stream and waterfalls. During the day we will visit some local Caboclo families and get a better understanding of what it is like to actually live in the Amazon jungle. Depending on the weather tonight, we will look out for the Southern Cross and other constellations of the southern hemisphere. **B,L,D**

**Days 11-12 Anavilhanas**

We spend the next 2 days exploring the four hundred island district of Anavilhanas. This is one of the largest fluvial archipelagos in the world. The area is known for its abundance of birdlife such as toucans, parrots and macaws.

Our canoe rides will take us between the islands in search of birdlife and other animals. An evening canoe exploration will give us an idea of the ever active nocturnal life. We will also visit Novo Airao, where traditional riverboats are built. **B,L,D**

*Family of Capybara*



**Day 13 Manaus – Aldeia Tupé**

On our return to Manaus, we will visit the rubber tree museum Serengau Villa Paraiso which will give us a glimpse into the life of the rubber barons of the 19th century. We continue to Aldeia Tupé, visiting the indigenous Dessana tribe, who will perform a traditional dance celebration for us!

Back in Manaus, we enjoy our final dinner at a very typical Brazilian restaurant, the Churrascaria Buffalo and then spend our final night aboard our floating home. **B,L,D**

**Day 14 Manaus, expedition concludes**

Disembark in Manaus and transfer to the airport for your onward flights home. **B**

**Please note: The Proposed itinerary is just a guide; this is an expedition voyage into remote places on the Amazon River. Possible changes could occur due to water levels and nautical situations.**



Anaconda abode



Chasing waterfalls



Fruits of the forest

**SHIP DETAILS**

**M/S DORINHA**  
Expedition Vessel

M/S Dorinha was inaugurated in May 2005. She is the 4th upgraded riverboat of the fleet, built to accommodate 20 passengers in a familiar, private and cosy atmosphere. There is a crew of 8 onboard who are mainly from Brazil and speak both Portuguese and English. She has 12 air-conditioned cabins with bunk beds, private bathrooms and large windows.

**M/S Dorinha has 3 main decks:**

- The sun deck, that is partly covered and has plenty of deckchairs and hammocks for relaxing.
- The upper deck has the wheelhouse as well as the captain and crew quarters, 4 passenger cabins, the rainbow restaurant, bar and library.
- The main deck has 8 passenger cabins, galley and crew quarters.

There is also a swimming platform off the stern, perfect for those refreshing jumps into the river. The vessel is equipped with 3 motorised canoes for daily excursions.

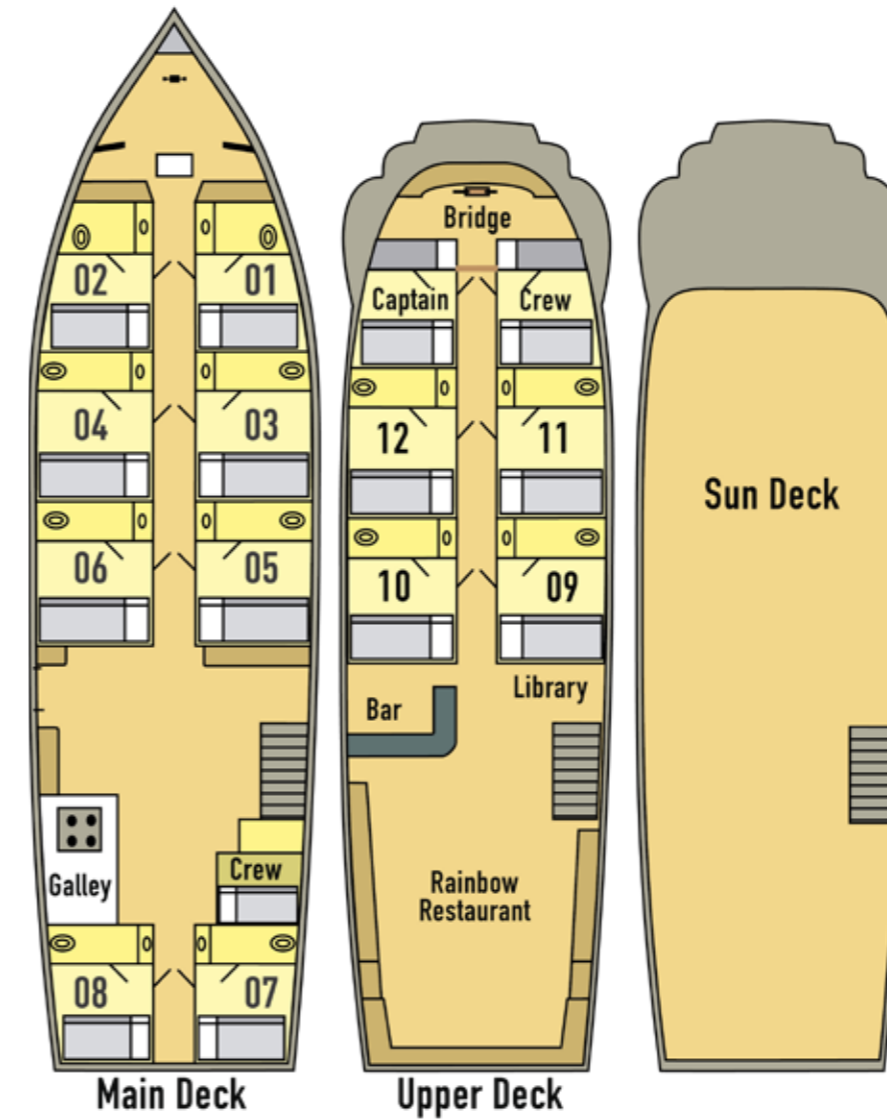


Ships Wheelhouse

**M/S DORINHA SPECIFICATIONS**

FLAG: Brazil	LENGTH OVERALL: 27m
BUILT: May 2005	BEAM: 7m
PLACE BUILT: Novo Airao	MAXIMUM DRAFT: 1.2m
ENGINE: 300 HP MWM Diesel	CRUISING SPEED: 7 knots

**M/S DORINHA DECK PLAN**



Breakfast



Sun Deck



Cabin



The Rainbow Restaurant



## GENERAL INFORMATION AND FACILITIES ON BOARD

**BRIDGE:** You are welcome to visit the bridge at any time unless notified otherwise. You might even be offered to steer the vessel for a while...!

**CABINS:** There are twelve cosy, outside facing cabins each with a large window. The beds are bunk beds, with the lower bunk in some cabins being a double. All cabins are air-conditioned and have a private bathroom with a hair dryer.

**DAILY PROGRAM/LANDINGS:** Information about daytime activities and general information will be discussed during our recap on the sun deck. It will also be written on the "white board" and changes will be announced. There will be some lovely walks through small villages and in the jungle.

**DINING & BAR:** All meals are served in the Rainbow Restaurant or on the sun deck. There is a bar on board with a selection of spirits, wines and local beer.

**INTERNET/WIFI/TELEPHONE:** The vessel does not have Internet or WIFI facilities. GSM network connection is good in most areas of the Rio Solimões. Once on the Rio Negro, there is almost no telephone connection. The only phone connection is in the city

of Novo Airao. Please inform your friends and family.

**LAUNDRY:** There is a free laundry service on board.

**LIBRARY:** The on board library has a small selection of guides, picture books and reference books.

**MEALS & DIET:** Meals are prepared every day from freshly bought ingredients of the Amazon region. Special dietary requirements are taken into account as far as possible. Once on board you will be able to speak to our chef personally.

**PAYMENTS:** Personal expenses are paid for at the end of the voyage in US dollar cash or by credit card. It is not possible to exchange foreign currency on board.

**POWER SUPPLY:** You will find 110-V connections in your cabin. When the current generator is running, it is 220 V. Please make sure to have both an American plug type A and 220 V European plug adaptor.

**TIPS/GRATUITIES:** Tips are already included in the voyage price. An additional recognition of particularly good service is left to each guest.



## OUR EXPEDITION TEAM



### CAPTAIN MO

Moacir Fortes Pereira (nickname "Mo") was born in 1943 close to the little village of Coari on the riverbanks of the Amazon. During his childhood he learnt English by reading American papers and found a career as an accountant. He managed a hotel in Manaus for 15 years before guiding as a local Amazon expert. This was his real passion, and in 1976 he became a professional tour guide. Mo's first contact with the expedition industry was in 1971 when the *M/S Explorer* first called into Manaus. Since then he has become the most legendary Amazonian guide around. He enjoys sharing information about the natural history and people of the area where he was born.



### SUE WERNER

Sue graduated as a veterinary nurse before embarking on a more adventurous life as a professional outdoor guide. Over the past 25 years she has worked as an expedition leader, photographer and tour guide. Throughout that time she has been at the cutting edge of developments in adventure travel, specialising in Antarctica and the High Arctic. Her enthusiasm has taken her to many remote corners of the world, including Ethiopia, Madagascar, the Amazon, Africa and the Himalaya. Spending three months living in Grytviken, working for the South Georgia Heritage Trust was a highlight of Sue's career. In January 2015, Sue took the helm at Adventure Associates.



### DR JOHN HARWOOD

John was born in the UK, studied botany and microbiology at London University, and worked in Swaziland, France, Burundi and the U.S. before moving to his present home in Manaus. He worked for Brazil's National Institute for Amazonian Research for eight years before embarking on his current career as a naturalist and lecturer. He wrote a book called *A Minstrel and the Amazon*; a story of his study of music, social spectrum, forest and rivers in the Amazon. He speaks Portuguese, German, French, Spanish and Russian and is an inspiring musician; making him a great member of our team.



## GENERAL TRAVEL INFORMATION

### TRAVEL INSURANCE

Our expedition travels to a remote corner of the globe where medical evacuation may be difficult and very expensive.

**We strongly advise you purchase travel insurance that covers you for emergency evacuation, full medical cover, trip cancellation and lost luggage.**

If you are arranging your own travel insurance please check that your policy (particularly if it is issued by your credit card provider) covers you for the destination that you are visiting and covers any pre-existing medical conditions.

**Adventure Associates can provide you a quote with our recommended travel insurance partner.**

### MEDICAL CARE & CHECKS

Given the remote areas we are travelling to, we ask you to visit your doctor for a medical clearance. We also advise to have a dental check and a visit to the TM+VC travel doctor for all your required inoculations <https://www.traveldoctor.com.au>

A **yellow fever** certificate is required for entry into Brazil. It is advisable to have tetanus and hepatitis A.

The Amazon is considered a malaria zone with low risk. It is recommended to take sufficient medicine with you. There is an emergency kit on board, but no doctor or medical facility.

In the event of a medical emergency, the vessel will sail to the nearest local doctors clinic or hospital.

### VISA

From 10 January 2024, Australian passport holders will require a visa to enter Brazil. Citizens from Australia, Canada, and the USA can apply for an e-Visa for

tourism or business can apply online for an electronic visa. The e-visa allows for stays up to 90 days and is valid for up to 5 years with multiple entries.

### MONEY MATTERS

US Dollars are useful in most tourist areas. The best place to change money is at the airport or at branches of Banco do Brazil. ATM's are common in Manaus, but they do not always work and sometimes don't accept non-Brazilian cards.

1 AUD = approx. 3 Brazilian Real

1 USD = approx. 4.5 Brazilian Real

Every traveller is different and therefore spending money requirements will vary, so consider your own spending habits when it comes to allowing for drinks, shopping and tipping.



### SAFETY & VALUABLES

Make photocopies of all your important documents (passport, visa, airline ticket, credit cards, emergency contacts, travel insurance policy with emergency hotline numbers etc.) Leave one set of copies with a friend or relative at home and keep another in your main luggage, in case your hand luggage with the originals goes missing.

Please leave any non-essential valuables at home (jewelry, expensive watch etc.) Money belts worn underneath clothing are useful. Don't take all your money with you when out sightseeing. We advise utmost caution at popular tourist spots and especially at airports – don't leave luggage unattended.

The cabins on *M/S Dorinha* are lockable, but do not have any safes.

**Adventure Associates is not to be held responsible for the loss or theft of any valuables. Bring with you only what you consider necessary.**

### SHOPPING & SOUVENIRS

To remind you of your Amazon adventure, you will find some really interesting items to purchase including handmade goods from local artisans. By buying locally you will be supporting these isolated communities, as well as taking home a unique and quality souvenir.

**DO– Buy from the Artisan:** For many local artisans this is often their only means of income, so instead of buying from one of the "tourist shops" try to buy directly from the artisan.

**DO– Carry cash in small denominations:** Make sure you have small denominations so you don't have to ask for change from the vendor.

**DON'T– Try not to haggle too much:** While haggling may be common place in most of Latin America be mindful and support the local communities you are visiting, don't do them an injustice by offering them too little for their unique product.

**DON'T– Buy animals or anything made from animals:** By buying animals, dead or alive, or souvenirs made with animal teeth, fur, or other body parts you are supporting and encouraging the illegal trade of killing and selling endangered species in the region

**DON'T– Just purchase from one vendor:** If there are a number of vendors on the same street, try not to purchase all of your souvenirs from just one. You may get a better deal by buying your items in bulk, but you will not be supporting the other independent sellers. Share the wealth and browse all of the options.

### GIFTS TO THE LOCALS

Please do not give money, presents, or sweets to

children. If you wish to make a contribution we suggest bringing along: educational material (pens, markers, note-books, coloured pencils, rubbers and chalks), soccer balls and children's clothes. In consultation with our Captain and guides, we will organise where best to distribute these items.

### TIME CONVERSION

Amazon Standard Time: Time zone in Manaus, Brazil, is (GMT/UTC -4) and Australian Eastern Daylight time AEDT = (UTC +11) Manaus +15 hours.

### RESPONSIBLE TRAVEL

We are committed to offering low-impact tours that benefit traveller and host alike. We work with local communities, businesses and individuals to develop sustainable tourism opportunities that help local economies, while minimising negative environmental and cultural impacts.

### Things you can do:

- Bring rechargeable batteries, a battery charger (and plug adapter if necessary). Batteries are very toxic and there are no proper disposal facilities. Rechargeable are best but if this is not possible we recommend that you bring any used batteries back home with you for proper disposal.
- Do not hand out anything to children along the river.
- Please ask before taking pictures.

**TRAVELLER'S TIP:** Start your adventure with an open mind and resolve to take any itinerary changes in your stride – relax, enjoy your opportunity to visit this fascinating river and its people and understand that delays and variations to the itinerary may occur.





## PERSONAL FIRST-AID KIT

The following suggested supplies and medications are intended to handle the problems that happen most often on a trip. Please talk to your doctor to modify the kit for your individual preferences and allergies. We will carry a group first aid kit, but you should have your own supply of these frequently used items.

- Sunscreen factor 30 or above
- Lip Balm with sunscreen protection
- Insect repellent and insect-bite relief
- Throat lozenges such as Strepsils
- Assorted Band-Aids or similar plasters
- 1 course of broad-spectrum antibiotics: such as, Cephalexin, Noroxin or Ciprofloxacin. Should you have an allergy to a particular antibiotic please make sure you bring a course that is safe for you to take.
- Loperamide (Imodium) for diarrhoea
- Promethazine (Phenergan) 25 mg or other anti-nausea medication
- Decongestant (Actifed, or Drixoral)

- Anti-inflammatory drugs (such as ibuprofen)
- Paracetamol (acetaminophen)
- Cold & Flu tablets
- Alcohol hand sanitiser to disinfect your hands before eating & toileting
- Personal medications



Market Day



## PHOTOGRAPHIC TIPS AND SUGGESTIONS



*The Amazon is a paradise for photographers.*

We expect that everyone will bring some kind of camera, be it a mobile phone or a professional SLR with all the bells and whistles. Remember to take extra memory cards and some spare camera batteries.

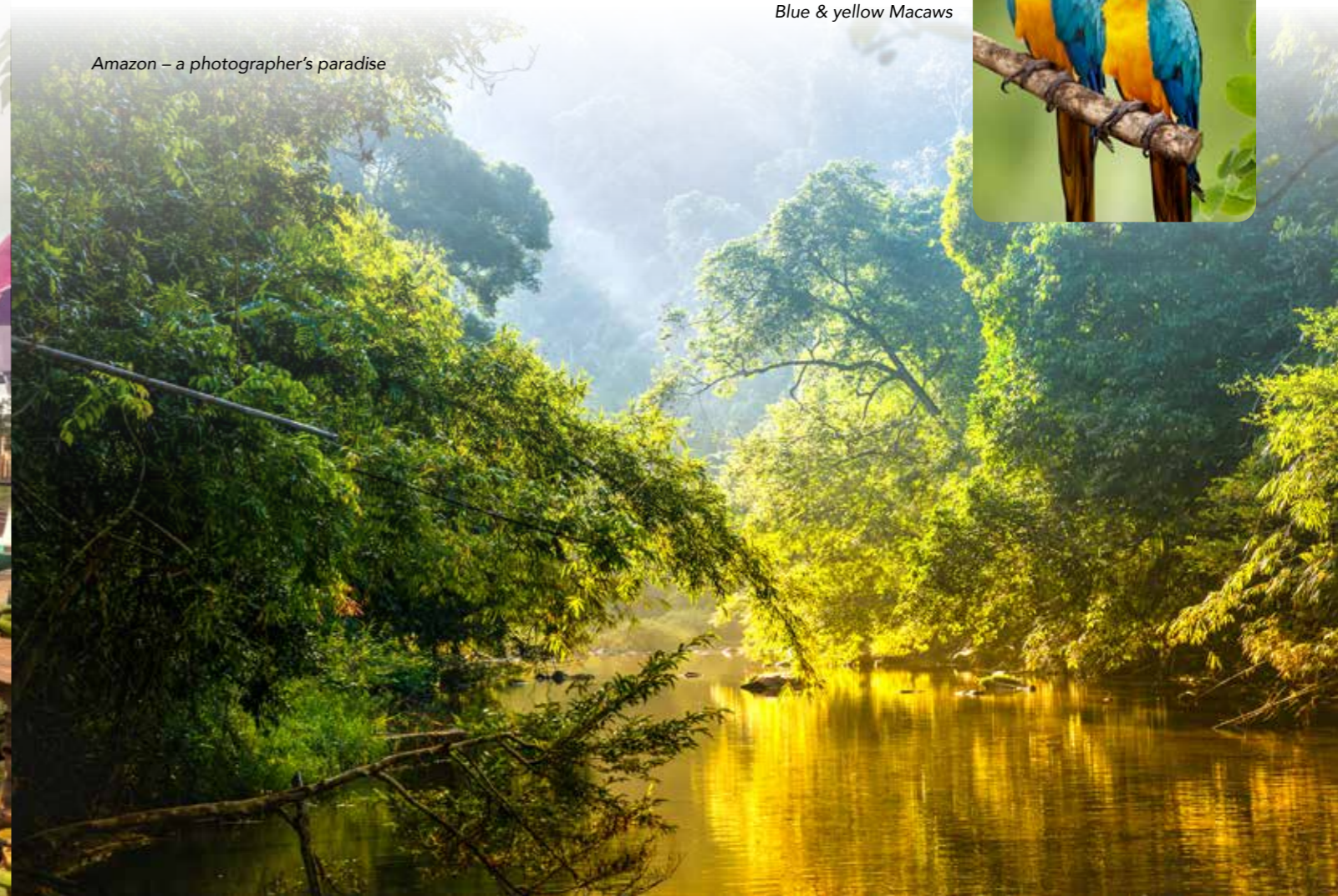
Be careful with photographs or video recordings. Ask your local guide first if it is appropriate to take photographs or to make video recordings in communities. Photographs should not be taken of military or strategic buildings or airports. Avoid close up shots, and never remunerate people with money for a photograph.

Below are a few simple tips and suggestions that may help you get sorted before you go. Whatever camera you bring it is possible to get good images.

- Get to know your camera, make sure it is working correctly and that you understand all its main functions
- Read and bring the instructions manual. Download an electronic version onto your laptop
- Remember to pack the battery charger

- Have some way of keeping your camera equipment dry and safe from dust. Lightweight nylon dry bags work well and are available in many sizes
- Tripod and Monopod: A quality tripod is invaluable for the serious photographer. However they can be big, heavy and cumbersome to carry during our walks. A monopod is lighter and can be used as a walking stick for support
- If you bring an SLR camera, a good zoom lens for wildlife photography will be handy. 200mm – 300mm is a good focal length. (Remember that on an SLR camera with a 1.5 crop-factor sensor a 200mm lens is equivalent to a 300mm lens on full frame sensor)
- We recommend that you carry all photography equipment, cords, chargers and storage devices in your carry-on luggage in case your main luggage is left behind somewhere

Amazon – a photographer's paradise



Blue & yellow Macaws

**SUGGESTED READING LIST**

**NATURAL HISTORY**

***The Naturalist on the River Amazons:***

This is a first-hand account of Henry Walter Bates' eleven-year expedition to the river Amazon in 1848, during which he discovered some eight thousand species unknown to the natural sciences. Author: Henry Walter Bates

***The Rivers Amazon:*** The author reports on the world of nature and man in the Amazon Basin region, interweaving his personal adventures discovering the Amazon with his understanding of its wildlife, vegetation, and social history. Author: Alex Shoumatoff

***A Minstrel and the Amazon:*** A Musical Biologist Moves to Manaus. A story of John Harwood's study of music, social spectrum, forest and rivers in the Amazon. Author: John Harwood

***Naturalists in Paradise:*** Wallace, Bates and Spruce in the Amazon. Author: John Hemming

***Tree of Rivers:***  
The Story of the Amazon. Author: John Hemming

***Mother of God:***  
An Extraordinary Journey into the Uncharted Tributaries of the Western Amazon. Author: Paul Rosolie

***The Lost City of Z:*** A Tale of Deadly Obsession in the Amazon. Author: David Grann

***River of Darkness:*** Francisco Orellana's Legendary Voyage of Death and Discovery Down the Amazon. Author: Buddy Levy

***The Unconquered:***  
In Search of the Amazon's Last Un-contacted Tribes. Author: Scott Wallace

***Cradle of Gold:*** The Story of Hiram Bingham, a Real-Life Indiana Jones, and the Search for Machu Picchu. Author: Christopher Heaney

***White Waters and Black:*** Gordon recounts his adventures with eight "Eminent Scientificos" as they set out to explore the Amazon in 1923 without any idea of what lies ahead of them. Author: Gordon MacCreagh

**FLORA & FAUNA**

***Amazon River Fruits:*** Flavours for Conservation. Author: Nigel Smith, R Vasquez and W H Wust

***A Field Guide to Medicinal and Useful Plants of the Upper Amazon:*** Author: James L Castner, Stephen L Timme and James A Duke

***Birds of Brazil:*** A Field Guide to the Birds of Brazil – Brazil's bird diversity is one of the richest in the world. Author: Ber Van Perlo

***Mammals of the Neotropics:*** Author: John F. Eisenberg

***Birds of Amazon:*** A Field Guide to the Birds of Brazil – Brazil's bird diversity is one of the richest in the world." Author: Francisco Ritta Bernardino

***Reptiles and Amphibians of the Amazon:***  
Author: R.D. Bartlett

***Amazon River Dolphins:*** Introduces characteristics, habitat, and behaviours of the Amazon River dolphin. Author: Kristin Petrie

**A selection of these books can be bought online from the following online bookstores:**

Nhbs books – *Everything for wildlife, science & environment:*

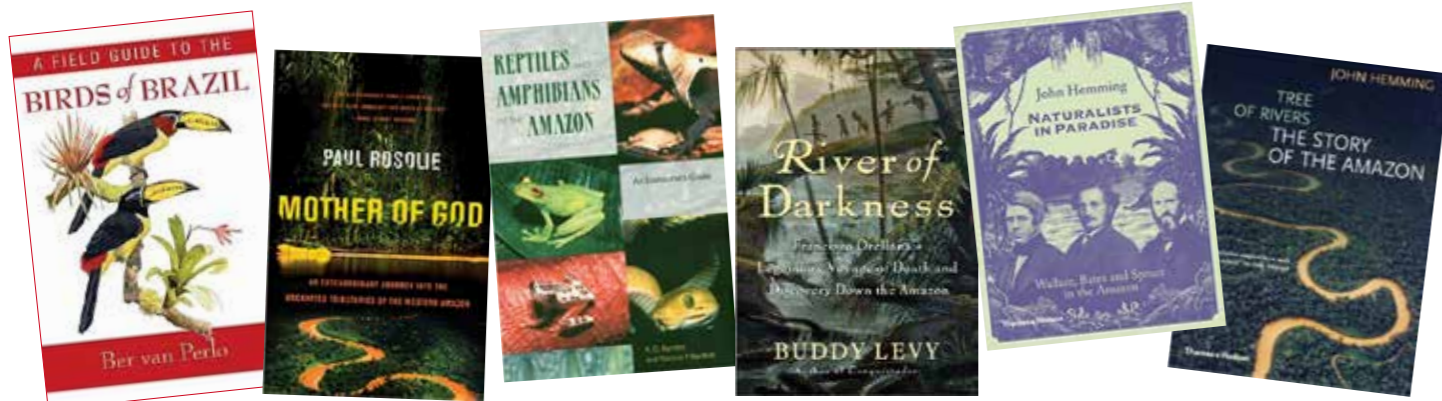
<https://www.nhbs.com/search?q=Amazon+river>

Book Depository:

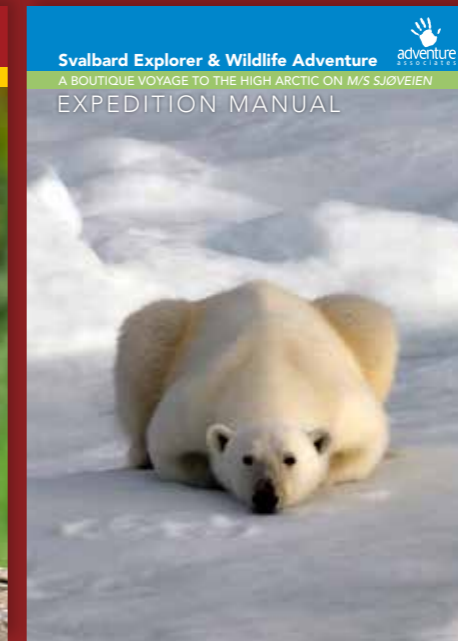
<https://www.bookdepository.com>

Booktopia:

<https://www.booktopia.com.au/search.ep?keywords=Amazon+river&productType=917504>



**CONTACT US FOR OUR OTHER DESTINATION MANUALS**



**Phone: (+61 2) 6355 2022**

**Visit our website and check out all our other wonderful destinations:  
from Antarctica to Ethiopia, from Madagascar to the High Arctic**



**adventure  
associates**

*experience the extraordinary*

**www.adventureassociates.com**



**Email: mail@adventureassociates.com**



Phone (+61 2) 6355 2022  
Email [mail@adventureassociates.com](mailto:mail@adventureassociates.com)  
Web [www.adventureassociates.com](http://www.adventureassociates.com)